

What is claimed is:

1. An appliance comprising:  
a cook vessel;  
a Peltier device having an active side and a waste side; and  
a waste side distribution system,  
wherein the active side provides temperature regulation to the cook vessel in the absence of an active side motive distribution system.
2. The appliance of claim 1, wherein the Peltier device provides both heating and cooling in the absence of an extraneous temperature regulation system.
3. The appliance of claim 2, wherein the Peltier device contacts the cook vessel indirectly through a thermally conductive material.
4. The appliance of claim 3, wherein the waste side distribution system comprises a heat sink.
5. The appliance of claim 4, wherein the waste side distribution system further comprises a fan.
6. The appliance of claim 5, further comprising a control unit having at least a timer.
7. The appliance of claim 6, further comprising a temperature sensor connected to the control unit.
8. The appliance of claim 7, further comprising a user interface, a remote interface or combinations thereof.
9. The appliance of claim 8, further comprising an insulated housing in which the cook vessel is removably accepted.

10. A method comprising:  
providing a Peltier device in a temperature regulating relationship with a cook vessel; and  
supplying power to the Peltier device; and  
regulating the temperature of the cook vessel in the absence of an active side motive distribution system and in the absence of an extraneous temperature regulation system.
11. The method of claim 10, further comprising controlling the supplied power with a control unit having a user interface, a remote interface or combinations thereof.
12. The method of claim 10, further comprising supplying a motive thermal transfer medium to a waste side of the Peltier device.
13. The method of claim 10, wherein the regulating step comprises refrigerating the cook vessel followed by heating the cook vessel.